



WINTER CHECKLIST BABY!

These are just some things to think about owning if you plan to hike in the winter. You can mix and match based on weather.

- Hat that's is fleece or something soft that will stay on. Tie, Velcro, Balaclava (look this one up). Cover chin and neck if you can.
- Socks (Smartwool, Icebreaker)
- Baselayer for toddlers (Carter's fleece one piece, WeeWoolies, Smartwool, Helly Hansen)
- Can also do tights (for boys and girls!)
- Infant base - start with a long-sleeve onesie, then fleece full PJs. Wool baselayer. Also there is cashmere for the spendy option.
- Fleece or wool pants over that. This needs to be a serious second layer that can handle weather.
- Other option is a snow suit or bib
- Fleece or wool sweater
- Fleece vest that's thin and can go over layers and be removed
- Jacket down or thick insulation (down is awesome, but won't hold up in rain) (Patagonia, NorthFace, Columbia)
- Rain pants (yes, they have them for toddlers) or rain suit (Oakiwear, Columbia)
- Socks on the hands
- Hands in good gloves. Don't skimp here!!!
- Wool socks on feet (Icebreaker, Smartwool)
- Boots or Good soft shell option like down boot (MyMayu with liner, Stonez)
- Leg warmers over boots so if pants ride up
- Handwarmers

Fashion is NOT important when it comes to babies and cold. Focus on warmth first! We can't stress this enough.

Remember if on a hike carrying a toddler more than 45 minutes stop every 45 or so and let the baby walk around so their feet can warm up.